Madison

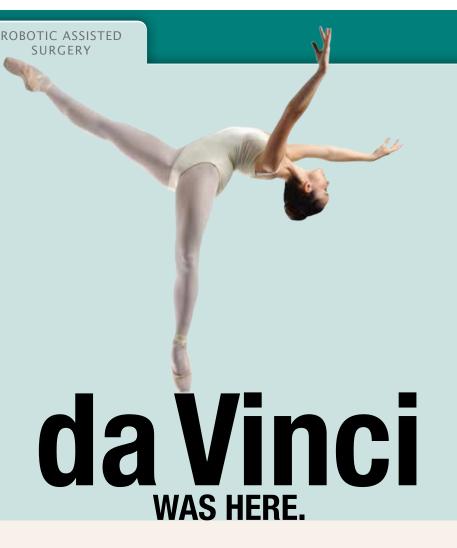


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Volume 3 • Quarter 2 • 2012





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www.middlesexhospital.org/davinci

First Selectman's Corner

Calling all Veterans - The summer season here in Madison officially starts on Memorial Day weekend, with the parade on Monday the key event. All veterans, of all services and all eras, are asked to show their respect for their comrades who died while serving the flag by marching in the parade. If marching is physically difficult, rides are provided. Remember, there is no uniform inspection! Any combination of uniform items and civilian attire is acceptable. Muster at 0930 and step off at 1000 hours.

A walk on the safe side - What a wonderful time of year to walk along the water! This is one of the many blessings of living in Madison. Many of the walking routes are along streets where walkers and cars may come into conflict. Please follow these simple rules on your walk:

- · If there is a sidewalk, please use it;
- · If there is not a sidewalk, walk on the left, facing traffic.
- · If a car approaches, move to the side of the road;
- Do not spread out in a "line abreast". Walk single file or two abreast at most. Remember that you have to share the street with cars;
- Be especially vigilant along the construction area on Middle Beach Road. The road is narrow and heavy equipment will be in use.

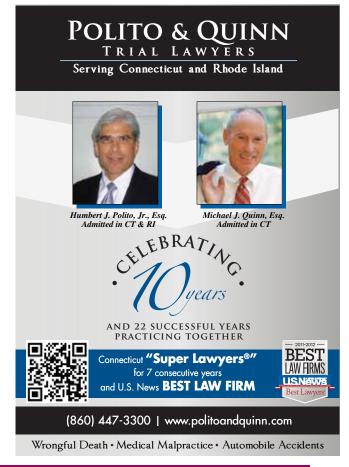
Independence Day Week - For me, the highlight of the summer is the celebration surrounding the Fourth of July. This year the Fourth occurs mid-week so the festivities last an entire week. First, on Saturday June 30th, Madison Cultural Arts presents the annual Concert on the Green, featuring the Wallingford Symphony Orchestra. On



Wednesday July 4th, the Exchange Club brings us one of the best Fourth of July parades around. That evening brings the fireworks show sponsored by the non-profit Madison Fireworks Committee. Finally on Sunday the 8th, the Madison Historical Society will honor one of Madison's leading fathers, Captain Frederick Lee, with a program featuring the Coast Guard Band and Coast Guard dignitaries from Washington. Many thanks to all of the volunteers from all four organizations who bring us this great weekend.

Fillmore McPherson





Madison Emergency Management Department

Medical Non-Emergencies and 911

There are many medical situations that are not emergencies, and for which you should not call 911 nor expect an ambulance response. Ask yourself the following questions, prior to calling 911: Is the victim's condition life or limb threatening? Could the victim's condition worsen and become life or limb threatening on the way to the hospital? Could moving the victim cause further injury? Does the victim need the skills or equipment that an ambulance and crew can provide?

Madison's licensed emergency ambulance service is provided by the Madison Ambulance Association. This ambulance company can only transport patients to the closest, appropriate emergency department. There are State and regional regulations that guide the decision of the ambulance crew as to the most appropriate emergency department. The Madison Ambulance Association cannot transport patients to physicians' offices, medical diagnostic testing centers or other such facilities. They cannot transport patients from the hospital to home, to or from an assisted living facility or a skilled nursing facility.

Of course, if you have a medical emergency, immediately call 911. You will be connected to a dispatcher who will obtain information about the nature of the call and dispatch appropriate emergency services to you rapidly. Depending on the nature

of the patient's condition, the medical responders may not arrive with lights and sirens. There are established protocols to determine the most appropriate response by emergency vehicles. Please ensure that your house is properly and visibly identified with your address so the emergency responders can quickly locate your house. Make sure the responders can get inside your house safely, by unlocking the door, putting the dog in another room, etc.

Remember, you must call 911 to get an ambulance for a medical emergency; you cannot call Madison Ambulance Association.

Fire, Burglar & other Alarm Registration

If you have a fire, burglar or other alarm system in Madison, you must register this alarm with the town so that our first responders know how to respond. Initial registration and annual re-registration can both be done by completing the registration form found on the Madison Police Department's portion of the Town's website at http://www.madisonct.org/Police_Dept/forms.html.

Annual re-registration is required in July every year so that we have accurate records as to contact information for your home or business. Please assist our emergency responders by re-registering your alarm contact information with the Town.

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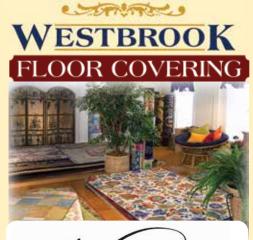
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Health Department - Bicycle Helmets

Spring is here! The temperature outside is climbing every day, and adults and children are anxiously getting their bicycles, scooters and roller-blades ready to go out riding in the sunshine. Are they wearing their helmets?

According to the Centers for Disease Control, many are not. Among the 96 million bicyclists in the United States, approximately 700 deaths and 500,000 emergency room visits occur annually as a result of bicycle injuries. 62% of those deaths and 32% of the injuries involve head trauma to those riding without helmets. Wearing a helmet is an effective way to reduce the risk for head injuries.

The risk for head injuries among persons not using helmets is 4 to 6 times greater than that among persons using helmets. Although an approved bicycle helmet is mandated for children under age 12, it has been noted that fewer than 2% of U.S. children and fewer than 10% of all U.S. bicyclists wear helmets.

The Madison Health Department encourages all bicyclists and bladers - old and young - to wear a helmet whenever out riding.

For more information of pedestrian and bike safety visit www.bicyclinginfo.org.

Madison Hoop Dreams

Madison Hoop Dreams is a non-profit company that has become the most popular basketball day camp in Connecticut. The program was founded 19 years ago by Coach Bill Barker. The first 13 years, the program was called *Slamma Jamma*. Six years ago, Coach Barker changed the name to Madison Hoop Dreams (MHD) and started awarding college scholarships and charitable giving from camp profits. Over \$60,000 has been dispersed to scholarships and charities.

Campers come from over 20 area towns to create a competitive environment that fosters excitement, learning and lots of fun. This summer, MHD will have two full time directors, a full time trainer, a head coach and two assistant coaches for every team of ten players, a video specialist to work with each camper on proper shooting form, and outstanding guest speakers. Every camper receives a camp T-shirt and a composite leather basketball.

The program meets the needs of all campers. Skill development through line drills and stations are augmented by individual instruction based on player experience, knowledge, and readiness. There are two leagues based on grade level and ability. The upper league (NBA) is usually for

grades 7-10. The lower league (NCAA) is usually for grades 2-6. MHD averages 80 to 100 campers each week.

There are two competitive games each day to determine the league champs. In addition, there are daily skills contests with camp finals on Friday. If your camper goes home exhausted and exhilarated each day, the coaches have done a good job and campers will want to return for more.

There are 6 weeks of camp: June 25-29, July 2,3,5,6, July 9-13, July 16-20 (girls only), July 23-27, July 30-Aug 3. The cost is \$225 for one week. A family rate is available for two weeks or two campers for \$195/week/camper. For three weeks or more or three campers or more, the family rate is \$175 /week/camper. MHD offers full and partial scholarships for campers whose family is experiencing financial hardship. They also allow for installment payments when requested. Please contact Coach Bill Barker if financial help is needed.

For more information and to register, please go to ourwebsite: www.madisonhoopdreams.com, or call Coach Bill Barker at 203-245-9766.

1st Annual Run for Chris



1st Annual RUN FOR CHRIS 1-3-5 Oddman / Woman 5K: Saturday, June 23, 2012; Essex Town Hall. Benefits Chris Belfoure Memorial Fund at MCCF for education. Chris was a 2005

graduate of VRHS. Registration opens at 7:00am. Kids Fun Run - 8:15, 5K - 8:45. Walkers' welcome. Register online: www.raceit.com/register/?event=9564. \$20.00 (\$23.00 after

June 9th). T-shirts to the first 200 applicants. Challenge yourself to this new course of rolling hills in beautiful Essex. Prizes awarded to 1st, 3rd, and 5th place in 10-year age groups. Any questions contact Robin Chapin: robinc83@gmail.com; 860-767-1541, or Cathy Bishop: cbishop56@sbcglobal.net; 860-767-0354.

Madison Town Clerk's Office - Dog License

June is Dog License Renewal Month! Every dog must be licensed when it becomes six months old and then annually in June. Additionally, kennel licenses are issued annually in June as provided in section 22-342 of the Connecticut General Statutes. The Madison Town Clerk issues licenses for dogs of residents of Madison, Connecticut. The office hours for the Town Clerk are 8:30 a.m. to 4:00 p.m., Monday through Friday, except holidays.

FEES:

For neutered male/spayed female = \$8.00. For un-neutered male/un-spayed female = \$19.00. Kennel Licenses for 10 tags = \$51.00 & additional kennel packages are available.

These fees are not pro-rated by the month for dogs which become six months of age after June 30, but are the same throughout the year.

A penalty of \$1.00 per month or fraction of a month is charged when an owner fails to license a dog when it becomes six months old. However, no penalty is charged if the owner presents certain proof of new ownership; see "License by New Owners" below.

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NEUTERING, SPAYING AND RABIES CERTIFICATES

The Town Clerk may not issue a license for a neutered male or a spayed female dog not previously licensed unless the person obtaining the license presents a certificate from a licensed veterinarian stating that he or she has neutered or spayed the dog or that he or she has examined the dog and found it to be neutered or spayed.

Likewise, no license may be issued unless a valid rabies certificate, signed by a licensed veterinarian, including date of vaccination and duration of immunity, is submitted to the Town Clerk.

On or before June 1 of each year, the Director of Health may arrange a low-cost clinic for the vaccination of dogs and cats against rabies. The licensing of dogs at an anti-rabies clinic is permitted under statute.

GUIDE DOGS - Any blind, deaf or mobility impaired person who is owner or keeper of a dog trained to guide and assist such person shall receive a license and tag for such dog, and no fee shall be charged. Also, dogs between 6 months and 1 year of age, placed for training as guide dogs, shall also receive a license and tag at no fee, provided satisfactory evidence is presented that the dog was placed by an organization which supplies such guide dogs.

LICENSE BY NEW OWNERS

Anyone who becomes owner or keeper of an unlicensed dog over six months old must license the dog within 30 days of acquisition. If the new owner presents satisfactory evidence that the dog was obtained from a licensed kennel or animal welfare organization, or was imported into the state within thirty days, no penalties for late licensing shall be charged. Any person becoming an owner of a dog already-licensed in Connecticut may present the license and tag to the Town Clerk of the town in which the owner resides and, for a fee of \$1.00, shall receive a new license and tag in the new owner's name. The Town Clerk must retain the old license.

For more information on dog licenses, please visit our website: http://www.madisonct.org/clerk/forms/dogs.html or contact the Town Clerk's Office at 203-245-5672.

TOP DOG CONTEST ... Is Your Dog Number One?

All dogs whose license is renewed during the month of June are eligible to enter a special drawing.

The winning entrant (picked at random) will receive Tag No. 1!

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1,500-1,750 SF	RAKA042JAZ	3.5	\$5,700.00
1,750-2,000 SF	RAKA048JAZ	4	\$5,900.00
2,100-2,500 SF	RAKA060JAZ	5	\$6,600.00

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Madison Tax Collector's Office

Local tax payment season will be upon us shortly. Three types of property are assessed and subject to taxes: Real Estate, Motor Vehicles, and Personal Property. Any land or buildings you own are considered real estate. Registered motorized or non-motorized vehicles, (including cars, trucks, trailers and motorcycles) are considered motor vehicles for tax purposes. Personal property is a general category of fixtures/equipment either owned or leased by a business. Unregistered motor vehicles are also taxed as personal property. The property tax rate is expressed in mills, or thousandths of a dollar. A tax rate (mill rate) of 19.43 mills is equivalent to \$19.43 in tax per \$1,000 of net assessed value. The Board of Finance sets a mill rate annually (May) after the budget has been passed by referendum.

Tax bills for the Fiscal Year 2012-2013 will be mailed by the Tax Collector's Office the third week in June. These bills are due July 1, 2012 and payable by August 1, 2012. The following provides some important information regarding these bills:

If you have recently sold your property, please be sure there is an exchange of the tax bill between the seller and the buyer.

If you receive a real estate tax bill and a bank or Mortgage Company pays the real estate taxes for you, please promptly send them the bill.

If a motor vehicle has been sold and not replaced, please contact the Assessor.

If you recently moved out of state and you send a copy of the new vehicle registration along with the receipt for turning in the Connecticut registration, you will receive a tax adjustment. Please contact the Assessor at 203-245-5652.

Motor Vehicle taxes unpaid after August 1, 2012 will be reported to the Motor Vehicle Department and registrations will be denied as provided by law.

All back taxes must be paid in full before money can be applied to the current tax bill.

Receipts will not be mailed unless a stamped envelope is included with the payment.

Mail received with a USPS Postmark <u>on or before</u> August 1, 2012 is considered an ON TIME PAYMENT for the July installment

Please make checks payable to Town of Madison.

To pay by credit card, please go to www.madisonct.org and click on Online Tax Payments and follow the instructions. There is a convenience fee charged by Official Payments Corporation for this service.

If you have any questions regarding your bill or taxes in general, please contact our office at 203-245-5641.

Alma D. Carroll, CCMC Director of Town Services/Tax Collector



www.profext.com

M.A.D.E. in Madison

Annual Meeting - Monday, June 4th, 6:30-7:30 p.m. - Senior Center Café Come and learn more about the work of this diverse community coalition that is striving to promote positive youth development. We invite all members of the community to join us in actively building and enhancing relationships, experiences, values, and attitudes that young people need for future success and good health. The evening will feature a short presentation by M.A.D.E.'s high school youth group, L.I.F.E.

Hot Steamed Jazz Festival

Come celebrate 20 years of The Hot Steamed Jazz Festival on June 22, 23 & 24. Experience a weekend of traditional jazz right in our own back yard. Located on the grounds of the Essex Steam Train, The Hot Steamed Jazz Festival is a three-day event that will make you feel like you're in New Orleans without the travel. The festival will include several great musicians such as Galvanized Jazz Band (CT), John Banker's Riverboat Ramblers (CT), Jeff Barnhart (CT), Dan Levinson's Millennium All Stars (NY), Wolverine Jazz Band (MA), Ben Mauger's Vintage Jazz Band (PA), Heartbeat Dixieland Jazz Band (CT), Midiri Brothers (NJ), Swing Times Five (MA), Funky Butt Jazz Band (CT), Bob Seeley (MI), Sugarfoot Youth Jazz Band and the Festival All Stars led by Jon Seiger.

Proceeds from the festival benefit The Hole in the Wall Gang Camp founded by the late Paul Newman. For session times and ticket information, visit www.hotsteamedjazz.com or call 1.800.343.0003.



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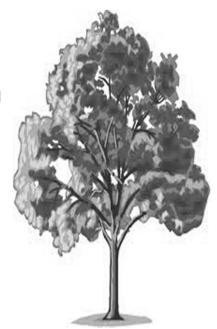
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Beach & Recreation Department News

The Beach & Recreation Department has many fun and exciting programs planned for your consideration and participation for the upcoming season. Whether you are looking for a passive activity or an activity to tone your body and remain physically fit, we have you covered. Please visit our website: www.madisonct.org to see a complete listing of our program offerings.

The following are important dates to remember and mark down on your calendars.

Beach Parking Stickers - Seasonal Stickers must be permanently affixed to the outside of either your windshield or the rear side window on the driver's side of your vehicle in order to gain admittance to the parking areas.

Seasonal Stickers are on sale through the end of the summer. Residents/taxpayers are eligible to purchase a seasonal parking sticker. Non-Residents may purchase a daily parking tag only. Stickers are available at the Recreation Office in Town Hall - Monday through Friday from 8:30 a.m. - 4 p.m. Daily parking tags are sold at the Recreation office, and also at the main gate of the Surf Club Beach (cash or check only at main gate).

Seasonal Parking Stickers may also be requested by mail. Along with your request please include a copy of your vehicle(s) registration, a copy of the registered owner(s) driver's license and check made payable to "Town of Madison", and a self addressed stamped envelope. See rate schedule below. Staff will process mail-in requests as time permits. Please allow at least one week turnaround time if requesting passes by mail.

2012 Seasonal Rates - Registered owners up to age 59: \$40 per vehicle. Multi vehicle discount (\$20) if registering more than one vehicle. Registered owners age 60 & over: \$10 per vehicle.

Daily Parking Rates - Resident/taxpayers \$10 per vehicle. Non-residents - Monday through Thursday \$25 per vehicle, \$40 Weekends (Fri., Sat., Sun.) and Holidays per vehicle.

Continued on next page

Beach & Recreation ... continued from previous page

Beach Use Guidelines - For your enjoyment and safety at our beaches and parks, we would like you to be aware of these excerpts from the Town of Madison.

Beach Ordinances: Section 14-54 thru 14-56: Alcoholic beverages are allowed, in cans or cups only, in the Surf Club Picnic grove until 10 p.m. Alcohol is not permitted on any beach, athletic field or parking areas. No glass bottles, kegs or glass containers in our parks.

Group gatherings of 50 or more not permitted during beach pass season.

Pets are permitted at the Surf Club, East Wharf or West Wharf in the parking lots only during the Beach Pass Season.

Abusive or threatening language will not be tolerated. Violators will be asked to leave the premises.

Inflatable toys, rafts and personal flotation devices other than Coast Guard Approved life Jackets are not permitted. Speed Limit in all Town Parks is 10 mph.

SPECIAL EVENTS

Summer Concerts on the Green - Concerts are held each Sunday evening beginning at 6 p.m. on the town green. All events are free of charge. Please, no alcohol as per Congregational Church request.

July 15 - The Larry Stevens Band

July 22 - The Kerry Boys

July 29 - Orange Crush

August 5 – Shoreline Connection

August 12 – Souled Out

August 19 - Number 9

Beach Concerts on the Surf Club Deck

July 18 - The Sunshine Road - Children's Concert at 11a.m.

July 20 - The Clams - 7 p.m.

August 2 - Chuck Costa - 7 p.m.

Beach Movies - Family Outdoor Movies on the Surf Club Deck - sponsored by Guilford Savings Bank. All movies begin at dusk (9 p.m. in July & 8:30 in August). Bring a blanket or beach chair, sit back and enjoy the flick!

Friday, July 20th - Despicable Me Friday, August 17th - Puss in Boots

Bauer Harvest Festival – Saturday, October 13. Volunteers are needed for this year's Harvest Festival. Meetings are held throughout the year. If you are interested in becoming involved please contact Carrie Gazda, Recreation Supervisor at 203-245-5623 or by email gazdag@madisonct.org.

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Assessor	203-245-5652
Beach & Recreation	203-245-5623
Building Department	203-245-5618
Emergency Management	203-245-5681
Fire Marshall	203-245-5617
Health Department	203-245-5681
Human Resources	203-245-5603
Inland/Wetlands	203-245-5632
Madison Public Schools	203-245-6300
Planning & Zoning	203-245-5632
Police Department	203-245-2721
Probate Court	203-245-5661
Public Works & Engineering	203-245-5611
Registrar of Voters	203-245-5671
Selectmen's Office	203-245-5602
Senior Services	203-245-5627
Tax Collector	203-245-5641
Town Clerk/Vital Statistics	203-245-5672
Youth Services	203-245-5645
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Preparation time: 1 hour

Ingredients:

1/4 cup extra virgin olive oil

1 small onion, chopped

2 medium-sized potatoes, peeled and cut into inch cubes

4 large eggs

1/2 cup fresh Italian parsley, chopped

1/4 cup grated Parmigiano cheese

Salt & freshly ground black pepper

Directions:

Preheat the oven to 375 degrees.

Heat the oil in a medium-sized nonstick omelet pan over medium heat.

Add onions and potatoes and cook for approximately 10 minutes, stirring constantly to prevent sticking, until the vegetables are tender but retain their shape.

In a bowl, thoroughly beat the eggs, half of the parsley, cheese and salt & pepper to taste.

Pour the egg mixture evenly over the potatoes and onions. Let cook for 1 minute, then bake for 5 to 8 minutes, or until puffy and firm. Flip or slide onto a round plate, slice as you like, and sprinkle the rest of the parsley over it.

Serve hot, at room temperature, or cold out of the refrigerator the next day.

Chef Silvio is the owner and executive Chef of Café Allegre in Madison and WoodWinds

Banquet Facility in Branford.

Want to Advertise? Call Ward Feirer 914.806.5500

Summer Wines

Summer is just around the corner and it is time to start planning on enjoying great times with friends and family. Whether it be picnics, the beach, barbeques or just relaxing on the deck at home there are always exciting summer wines to enjoy with your festivities. Although Chardonnay and Pinot Grigio are very popular, there are other very interesting and tasty whites worth experimenting with.

One of the lightest whites is from Portugal and is called Vinho Verde, meaning "Green Wine," and is meant to be drunk young. It is a very light and refreshing wine with a small amount of effervescence. This type of wine is low in alcohol and fairly inexpensive.

Austria produces a popular white called Gruner Veltliner which is grown in over one third of their vineyards. This wine is medium-bodied with a dry finish and can also take on some spicy qualities. Over time it will develop into a fuller wine, much like a White Burgundy from France.

Up and coming is the varietal Chenin Blanc, a grape that has been around for a long time. Chenin Blanc has been growing in popularity in California and is known as Vouvray in France, which is the appellation where it is grown and produced. Chenin Blanc from these regions are soft and fruity. If you try a Chenin Blanc from South Africa however, you will

be presented with a crisper, dryer finish with a small complexity of fruit. This grape is typically used for blending but is becoming more common on its own.

All of these wines are perfect to pair with seafood dishes, salads, cheeses and lighter meals, or just as a refreshing treat on a hot summer day. The next time you are looking for a white wine try something new; you just may be surprised at what you find!

Art LiPuma, Manager SeaSide Wine & Spirits

Deadline for the next Madison Events is July 24



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May 29 DHHS Orchestra Concert May 30 National Honor Society Induction, DHHS June 1 Grade 4 Music Concert, Ryerson School

June 2 SAT Testing, DHHS Senior Prom, DHHS

June 5 Polson Middle School Band Concert

Board of Education Retiree Recognition (Retirees to date)

Mona Goodman, Jeffrey Elementary School Principal

Dotty Bavin, Director of Finance

Carolyn Stephan, Brown Middle School Special Education Teacher

Karen Kaufman, Brown Middle School Mathematics Teacher Sandy Marinuzzi, Island Avenue School Special Education Teacher

Sandy Marinuzzi, Island Avenue School Special Education

Joann Boulden, Jeffrey Elementary School Nurse

Cathy Harris, Daniel Hand High School Executive Secretary

Suzanne Paulson, Polson Middle School Secretary

MADISON PUBLIC SCHOOLS

May/June Activities

& Events

June 6 Senior Exams Begin

June 7 Kindergarten Students Visit Island Avenue and Ryerson Schools

June 14, 15 An Evening of One Acts by the Polson Players

June 18 Grade 6 Celebration, Brown School

June 19 Last Day of School (Early Dismissal)

Stepping Forth Ceremony, Polson Middle School DHHS Graduation on the Madison Town Green

June 20 Professional Development Day, District-Wide

What else is happening in your district? Find out! Go to www.madison.k12.ct.us.

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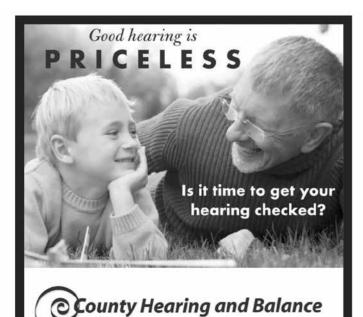
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Health Department - Lyme Disease in Madison

Lyme disease is one of the most common diseases in Connecticut with numerous cases every year in Madison. It is spread by deer ticks, and while it is most common in warm weather, the ticks can be active during warmer days at any time of year. Symptoms can vary greatly and so diagnosis, in the absence of a blood test, can be difficult. As a rule of thumb, Lyme Disease should be considered with the onset of flu-like symptoms at any time of year. Antibiotic treatment in the early stages of the disease is usually effective but both symptoms and treatment become much more problematic if the disease is allowed to progress to later stages. Lyme disease can be debilitating if not treated early.

A few facts about Lyme Disease

Not all ticks carry Lyme Disease. Ticks come in roughly two varieties. The larger, called the dog tick is slightly larger than a newsprint letter "o" and cannot carry the disease. The smaller deer tick (about the size of a pin head) can, but does not necessarily carry Lyme Disease. About 20-25% of the deer ticks in Madison carry the bacteria for Lyme Disease.

To transmit Lyme Disease an infected deer tick needs to be imbedded in a host for about 24 hours.

A characteristic "bulls-eye" skin rash often precedes the onset of flu-like symptoms and is a good indicator of the

imminent onset of the disease. The rash is not always present and so its absence should not be taken as a sign that the disease is not present.

You may never see the tick that infected you.

You can get Lyme disease more than once. This writer has been infected four times (and never saw the ticks that caused the disease).

Testing individual ticks for infection is not a good diagnostic indicator. A blood test is faster and more definitive while testing a tick says nothing about whether the patient has the disease or not.

There was an approved vaccine for the prevention of Lyme Disease, but it has been withdrawn from the market.

The Center for Disease Control and Prevention (CDC) publishes an excellent brochure called "Lyme Disease: A Public Information Guide" and we also print a brochure about how to landscape to reduce ticks "Get Ticked off - Take Control Over Ticks." Both are distributed by the Madison Health Department at Town Campus, Scranton Memorial Library and The Senior Center.

The American Lyme Disease Foundation (ADLF) has an informative web site at www.aldf.com. The Westport-Weston Health District also maintains a web site at www.wwhd.org.

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Diabetes Care Program Available on the Shoreline

Essex CT - Local shoreline residents can take advantage of diabetes care services offered by Middlesex Hospital, at a new location at the Middlesex Hospital Shoreline Medical Center, 260 Westbrook Road, Route 153, in Essex.

The Middlesex Hospital Diabetes Care Program is designed to help all people with diabetes better manage their disease. Services include individual counseling by a registered dietitian/certified diabetes educator about healthy eating for weight management and blood sugar control; insulin administration; taking medications; being active and managing risks and problem-solving related to diabetes. The program is based on the national standards for diabetes self-management education programs and is recognized by the American Diabetes Association and is accredited by the National Committee on Quality Assurance (NCQA). There is a fee for the services, but Medicare and most insurances cover services for diabetes education with the customary copay. For more information about the Middlesex Hospital Diabetes Care Program in Essex, call (860) 358-3003.

Second Sunday Hikes

Join the Madison Land Conservation Trust for Second Sunday Hikes, and bring your camera to take photos for the 2012 MLCT Photo Contest! Trail maps can be downloaded from the MLCT website at www.madisonlandtrust.org or found in the MLCT Trail Guide at Scranton Library, Madison Beach & Recreation, the Audubon Shop and R.J. Julia Booksellers.

June 10, 1:00 p.m.

Letterbox Hike on the Neck River Uplands South Trail

September 9, 1:00 p.m.

Photography Hike on Bailey Trail South

September 30, 6:45 p.m.

Autumn Moonlight Walk on the Garvan Trail (Surf Club)

Madison Land Conservation Trust Receives Memorial Donation - The Madison Land Conservation Trust received a generous donation of \$25,000 from Ford Schumann in memory of his brother Robert. Robert F. Schumann, who passed away on December 8th, was an active supporter of open space and environmental organizations. He spent every summer of his life in Madison and retired here ten years ago.

Robert Schumann's avid interest in birds began in child-hood. His involvement expanded over his lifetime, leading to service on the boards of the National Audubon Society and the Cornell Laboratory of Ornithology. He combined his media expertise and love of birds in designing and setting up the Audubon Society's film and television programs. The Schumann Foundation, begun by Robert and Ford's parents in 1962 and now called the Schumann Media Center headed by Bill Moyers, established a Chair in his honor at Wesleyan University named the Robert Schumann Professor of Environmental Studies.

One of his most notable local accomplishments will be preserved at the former Griswold Airport. Mr. Schumann was an early supporter and member of the citizens group formed in 2001 to protect that environmentally sensitive component of the migratory flyway. The outcome of those efforts was the establishment of a new 42-acre town park, most of which will be kept as open space.

The donation will be used for future open space acquisitions.



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Cedar Island seen from the platform on MLCT's Ox Pasture trail.

The MLCT is grateful to Ford Schumann and his family for their generosity, and to Robert Schumann for the legacy of environmental action and passion for nature that he has left us.

Cedar Island Gift - The MLCT is poised to acquire Cedar Island, a lovely one-acre parcel located in the East River between the state boat launch off of Circle Beach Road and Friends & Company on Route 1. For generations the island has been owned by the Ives family, whose members have generously agreed to donate the land to the MLCT. Thanks to the generosity of the Ives family, canoeists, kayakers and other boaters who have for years traveled past Cedar Island will soon be able to stop and enjoy its unique setting, its cedar woods, and the plaque that will be erected in honor of its donors.



Madison Arts Barn



Murder Mystery Night

Mission Statement: "The Madison Arts Barn is a non-profit youth center aiming to act as a creative outlet and venue of expression for local teens and young adults. The youth of the Connecticut shoreline can attend and participate in concerts, creative workshops, skate jams and more all in a safe and accepting environment. It is our goal to bring the community together through music, arts and culture and to allow young people to explore their interests and passions free from judgment or discrimination."

Who says there isn't much to do for teens in Madison? Recently, The Madison Arts Barn has experienced its own renaissance with an array of exciting activities for teens on the Shoreline. The creativity, imagination, and energy coming from under one roof is astonishing. Categories of events include: Bands, Community Events, PoetrySlam/Coffeehouse, Open Mic Nights, and Dances including Daddy and Daughter Annual Dance. The skate park located behind the Arts Barn has recently had a facelift. Some events from the past few months have included: Murder Mystery Night, Dances, Super bowl Commercial Competition, Winter Wipeout, Kids Energy Expo.

Hours for the Facility - Tuesday/Thursday 3:30 - 5:30 p.m. Open Mic Night - Every 3rd Saturday 7 - 10 p.m.

Creative Creations at the Madison Arts Barn - Join us Monday evenings from 6:30 - 8:30 p.m. Open to 6th graders and up including adults. We are always looking for help with upcoming events and projects including decorations and sets.

July 4th Parade Float - May 13th, 3-5 PM first informational meeting. Please see website for further details and meetingdates.

Sixth Grade Dance - May 25th - 7-10 p.m.

Skate Park - open during daylight hours and Skater School Sessions are available.

Check our website www.themadisonartsbarn.com and Facebook for summer events. A few comments from Facebook include "The Madison Arts Barn is a Hometown Treasure" and "LOVE what you are doing, there is truly something for everyone at The Madison Arts Barn." Be a part of The Madison Arts Barn!

How to Tell if You Will Age Well

We all do it. Compare ourselves to other women and either feel good for our age or wonder "How does she do it?" How is it that some women in their 60's and 70's still look young and vibrant and some women in their 30's look worn and tired? While environmental and lifestyle factors play a major role in how you age, pure genetic luck also plays a part. A 2009 study of twins published in the Archives of Dermatology revealed that up to 60 percent of skin aging is due to genetics.

But don't count on your genes to save you from a poor lifestyle. Environmental damage determines the speed at which you age. You can have the best genes in the world, but if you are a smoker or a sun worshiper, you are going to look 10-15 years older. So, how can you tell if you will age well? Here are some factors to consider.

Your parents aged well - First degree relatives are the best indicator of how you'll age because genes direct the cell functions that affect your appearance. The rate at which our cells turn over and how quickly damage is repaired is something that we inherit from our parents. We also inherit how much collagen we produce.

You have a baby face - Although we glamorize angular, chiseled features, those of us with round faces actually age better. Fortunately, dermal fillers help those of us with less volume.

You have high cheekbones - There's a reason why everyone loves great bone structure. When we are younger, our faces have the shape of an upside-down triangle. As we age, our skin sags and jowl develop, changing our face from an upside-down triangle to bottom heavy. Higher cheekbones help support your face, keeping that triangle shape longer.

You have olive toned skin - Lighter skin burns quicker and more easily which can give you more lines and wrinkles. Also, lighter skin usually produces less oil than their darker counterparts. However, there's a catch. Because lighter skin burns faster, these individuals get a signal to come out of the sun sooner. People with darker skin don't get that signal and can be lured into a false sense of security. The bottom line is that if you don't wear sunscreen daily, your darker skin won't protect you for very long.

Dr. Susan OMalley, Founder and Medical Director of Sonas Med Spa is dedicated to helping women maintain their beauty without surgery. To learn more about Dr. O'Malley or Sonas Med Spa, please visit www.sonasmedspa.com or call 203-245-2227 for a free consultation.



MADISON NEWCOMERS' GUIDE

WELCOME TO MADISON!

On behalf of *Events Magazines*, welcome to Madison. In Madison you will find wonderful people and places to visit in town. Madison has something for everyone. Below are important phone numbers. Tear out this page and keep it for future reference. We at *Events Magazines* and Essex Printing support local businesses. Please use this guide and "Buy Local"!

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Sounds of Harkness

Sounds of Harkness herald 60 years of iconic Americana! Bring Our Music Back, Inc. announces the Summer Concert Series "August Nights at Harkness ... Music the way it was!" at the revered state landmark, Harkness Memorial State Park, located along the shoreline in Waterford, CT. This year's theme takes a walk down memory lane heralding Americana and its iconic legends.

Thursday, August 2

The Temptations Revue with Nate Evans

Opening performance by Steve Smith and the Nakeds

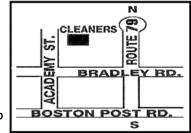
As former lead singer of the Rock-n-Roll Hall of Fame inductees, The Impressions, Nate Evans was specially selected by original Temptations lead singers Eddie Kendrick, David Ruffin, and Dennis Edwards to join the group. Following the passing of these original members, Evans now leads the group with his soulful voice in this spectacular performance. This show is a musical extravaganza dedicated to the late Temptations... filled with songs from the library of one of the greatest Motown acts of all time... Therefore, the moves and arrangements performed by this group are a replica of the original Temptations show. This group assembled by Nate Evans is comprised of Joseph Cross, Ritchie Stanley, Reggie Reed and Curtis Taylor (songwriter and recipient of the 1999 R&B Satin Award).

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Thursday, August 9 The Legendary Preservation Hall Jazz Band 50th Anniversary Tour

The Preservation Hall Jazz Band travels worldwide spreading their mission to nurture and perpetuate the art form of New Orleans Jazz. The Preservation Hall Jazz Band derives its name from Preservation Hall, the venerable music venue located in the heart of New Orleans' French Quarter, founded in 1961 by Allan and Sandra Jaffe. The band has traveled worldwide spreading their mission to nurture and perpetuate the art form of New Orleans Jazz. Whether performing at Carnegie Hall or Lincoln Center, for British Royalty or the King of Thailand, this music embodies a joyful, timeless spirit. Under the auspices of current director, Ben Jaffe, the son of founders Allan and Sandra, Preservation Hall continues with a deep reverence and consciousness of its greatest attributes in the modern day as a venue, band, and record label. Opening performance by Sugarfoot Youth Jazz Band.

Wednesday, August 15

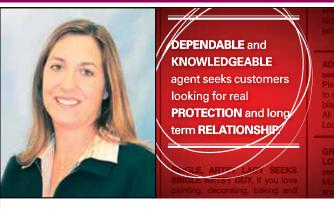
The Iconic Don McLean 40th Anniversary World Tour Opening performance – Christine Ohlman & Rebel Montez (Saturday Night Live Band) & Heirlooms

Don McLean is one of America's most enduring singer-song-writers and is forever associated with his classic hits "American Pie" and "Vincent (Starry Starry Night)". Since first hitting the charts in 1971, Don has amassed over 40 gold and platinum records world-wide and, in 2004, was inducted into the Song-writers' Hall of Fame. Artists from every musical genre have recorded his songs - most notably Madonna's No. 1 recording of "American Pie" in 2000 and George Michael's version of "The Grave" in 2003.

Thursday, August 23 The Count Basie Orchestra - World Famous 17 time Grammy Award Winner

The Count Basie Orchestra is a 16 to 18 piece big band, one of the most prominent jazz performing groups of the swing era, founded by Count Basie. The band survived the late 1940s decline in big band popularity and went on to produce notable collaborations with singers such as Frank Sinatra and Ella Fitzgerald in the 1950s and 1960s. The group continues to perform and record even after Basie's death in 1984. Opening performance "Come Fly with Me" - The Songs of Frank Sinatra with Rob Zappulla & his Orchestra.

All concerts will be held from 5:30 p.m. -10 p.m. rain or shine with back up rain sites being planned. Doors open at 4:00 p.m. for traditional picnicking. Dancing welcomed! Dessert and coffee/ tent will be available. For tickets, volunteering and sponsorships go to www.bringourmusicback.org or call (860) 434-1882.



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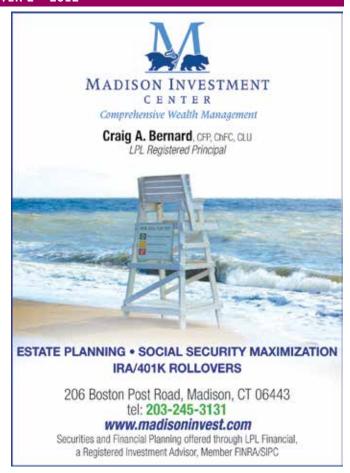
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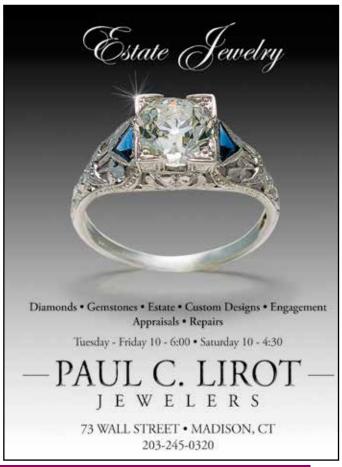


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In the Eyes of the Beholder

As a garden designer, I am committed to remembering this statement; my job is to interpert what the client's vision is. It may not be my idea of the perfect garden, but it is their vision that they have hired me to make into reality. Sometimes they are not sure what their vision is, but with a little guidance, it becomes clear. Experience, artistic ability, communication and applying principles of design are the tools I use to successfully create a garden the client will be happy with. Anyone can implement Principles of Design in planning a garden. I have seen many gardens where these have not been considered, but the "beholder" is content with the result. I believe a garden should reflect its mistress (or master as the case may be). Don't be afraid to experiment in your garden and deviate from the Principles of Design if the result makes you happy. But if it does not make you happy and you are frustrated, consider implementing the Principles of Design to guide you. They are as follows: Proportion, Scale, Balance, Rhythm, Contrast and Dominance.

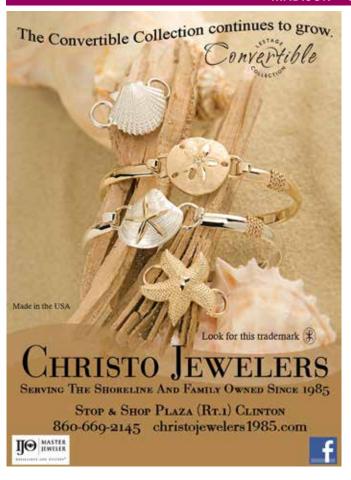
Another factor in planning a garden is the environment. The sun, soil, and water must all be analyzed to ensure that you have chosen the right plant for the right space. Planning can be an exciting process but also overwhelming. When hiring a professional to advise you, be sure it is your vision they are creating. You are the beholder of your own vision.

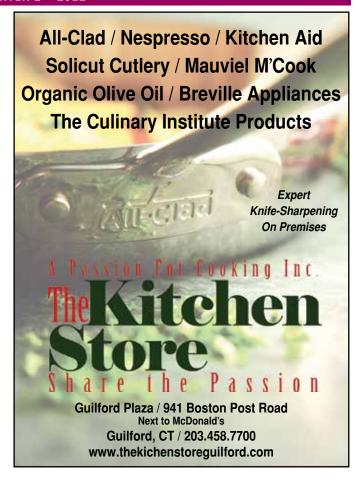
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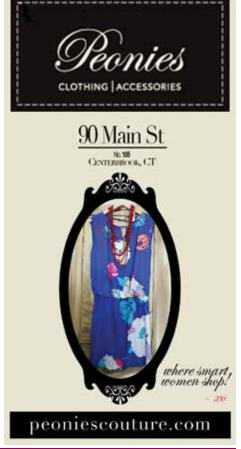


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